

HEALTHY and STRONG

261[®]
Fearless

Club Los Angeles

**WELCOMES WOMEN
(18+)**

start or supplement your fitness program by
running or walking with like-minded women in
a safe, judgment-free, non-competitive
environment

THE STORY OF "261"

The story of "261" began on the streets of Boston in 1967, when a young Kathrine Switzer, wearing bib number 261 in the Boston Marathon, was attacked on the course, simply for being a woman. In this moment she decided to face her fear and keep running. Step after step, mile after mile, she felt growing confidence and became the first woman to officially complete the Boston Marathon. Following this life changing experience, she dedicated her career to empower women through running. Kathrine continues to be a game changer to this day.



WHEN

Tuesdays from 2pm to 3pm

WHERE

Pasadena -location varies

INFORMATION AND LOCATION

Coach Pat Winiecki pwinieck@sbcglobal.net

www.261fearless.org