

MAY CATERING MEAL PREP/ FAMILY STYLE FEEDS 3 TO 4 PPL FREE DELIVEREY MENU

CHICKEN OPTIONS: We use 6/7oz All-Natural Sous Vide Chicken Breast with no additives or preservatives

1. Fresh Organic Garlic and Herb Grilled Chicken Breast served with Potatoes and Fresh Seasonal Grilled Veggies 10 ea. / 30 family
2. Achiote Marinated Chicken Breast with Potatoes and Seasonal Veggies 10 ea. / 35 Family
3. Grilled Teriyaki Chicken Breast With Potatoes and Seasonal Veggies 10 ea. 35 Family

FISH OPTIONS: We use only Organically Grown 6/7oz Wild Caught Sustainable Fish

1. Grilled Balsamic Marinated Salmon over White Rice and Grilled Seasonal Veggies 12 ea. / 40 Family
2. Cajun Shrimp Scampi with Linguini Pasta and Seasonal Grilled Veggies 14 ea. / 55 Family
3. Blackened Pan Seared Tilapia with Sun Dried Tomatoes Balsamic Chutney, White Rice and Grilled Veggies 9 ea. / 30 Family

BEEF OPTIONS: We Use 6/7oz Organic Halal Grass Fed Beef

1. Garlic Herb Marinated Tri Tip, Potatoes and Grilled Seasonal Veggies 13 ea. / 40 Family
 2. Garlic Herb Marinated Flat Iron Steak with Potatoes and Seasonal Grilled Veggies 12 ea. / 40 Family
 3. Classic Italian Meat Lasagna with Seasonal Veggies 10 ea. / 35 Family
- ADD: Cheesy Garlic Bread and Marinara Sauce 2 (Toaster Oven Needed)

PORK OPTIONS:

1. BBQ Pulled Pork Served over Classic Macaroni and Cheese with Seasonal Veggies. 10 ea. / 30 Family
2. Maple Siracha Marinated Pork Loin with Candied Apples and Cranberries over Classic Homemade Stuffing with Seasonal Veggies 12 ea. / 40 Family

VEGETARIAN/VEGAN OPTIONS:

1. Fried Orange Tofu over White Rice and side of Sautéed Veggies 10 ea. 35 Family
2. Teriyaki Sesame Chicken Bites with White Rice and Grilled Veggies 10 ea. 35 Family
3. Ginger Sesame Chicken over White Rice and Seasonal Veggies 10 ea. 35 Family
4. Sweet Potato Lasagna Served with Seasonal Veggies (gluten free available) 10 ea. / 35 Family

PLEASE HAVE ORDERS IN BY 2PM FOR NEXT DAY DELIVERY