

# MAY CATERING MEAL PREP DELIVERY MENU

**CHICKEN OPTIONS:** We use 6/7oz All-Natural Chicken Breast with no additives or preservatives

1. Fresh Organic Garlic and Herb Grilled Chicken Breast served with Potatoes and Fresh Seasonal Grilled Veggies 12
2. Achiote Marinated Chicken Breast with Potatoes and Seasonal Veggies 12
3. Grilled Teriyaki Chicken Breast With Potatoes and Seasonal Veggies 12

**FISH OPTIONS:** We use only Organically Grown 6/7oz Wild Caught Sustainable Fish

1. Grilled Balsamic Marinated Salmon over Roasted Potatoes and Grilled Seasonal Veggies 15
2. Cajun Shrimp Scampi with Linguini Pasta and Seasonal Grilled Veggies 16
3. Grilled Organic Mahi with Mango Salsa, Potatoes and Grilled Veggies 13
4. Blackened Pan Seared Tilapia with Dried Tomatoes and Potatoes and Grilled Veggies 13

PLEASE HAVE ORDERS IN BY 2PM FOR NEXT DAY DELIVERY

Starches like potatoes and rice may change due to Availability

**BEEF OPTIONS:** We Use 6/7oz Organic Halal Grass Fed Beef

1. Garlic Herb Marinated Tri Tip, Potatoes and Grilled Seasonal Veggies 15
2. Classic Home-Made Meat Loaf with Potatoes and Grilled Veggies 12
3. Garlic Herb Marinated Flat Iron Steak with Potatoes and Seasonal Grilled Veggies 15

**PORK OPTIONS:**

1. BBQ Pulled Pork Served over Classic Macaroni and Cheese with Seasonal Veggies. 11

**VEGETARIAN/VEGAN OPTIONS:**

1. Fried Orange Tofu over White Rice and side of Sautéed Veggies 12
2. Teriyaki Sesame Chicken Bites with White Rice and Grilled Veggies 12
3. Vegan Buffalo Cauliflower Bites with Fresh Carrots, Celery and Vegan Ranch Dressing 9
4. Ginger Sesame Chicken over White Rice and Seasonal Veggies \$10
5. Sweet Potato Lasagna Served with Seasonal Veggies \$10

May Catering

[www.may-catering.com](http://www.may-catering.com)

626/319-7252