

# HILLCREST

## MEMORY CARE AT SOUTHWOODS LODGE



Friendship & Care



Through the Years

**W**e all desire a journey through life that is filled with peace, support, safety, love, and laughter, surrounded by friends and family. If your journey takes you down the road of memory care, consider Southwoods Lodge at Hillcrest, a premier memory care community. Here, we honor life experiences with love and reassurance by walking this road together. Contact us today to arrange a tour of our memory care community and learn how we can assist you with your specialized needs.



Limited availability | All inclusive care  
**No community fee**

Southwoods Lodge is a part of Hillcrest, A Remarkable Retirement Community®



DSS #191501662 | COA #069

La Verne, California | **909.392.4375** | [LivingatHillcrest.org](http://LivingatHillcrest.org) | [facebook®](#) | [twitter](#)

## HOSPITALITY

### *Signatures*

Visitors are always welcome.

Chilled water and fresh fruit are available for residents and their guests.

Family members are invited to dine with their loved one.

Associates freely and joyfully attend to the needs of residents and their guests.

Associates help visitors understand the services provided in Southwoods Lodge.

## RESIDENT CARE

### *Signatures*

Resident care begins with creating a peaceful environment where each resident feels safe, comfortable, and a sense of belonging.

We honor each resident's perception of reality and adjust our communication, tone, and actions to join them in their journey.

We encourage independence and provide support according to each resident's needs and abilities.

We respond calmly to agitated behavior and seek to identify underlying causes, such as pain, discomfort, over-stimulation, or the need for personal care.

## DINING

### *Signatures*

Dining in Southwoods Lodge is a social event. Family members and associates are invited to dine with residents.

Each meal is highlighted with freshly cut flowers, colorful linens and dishware, and soft music.

Meals are served in courses to simplify the dining experience.

Our "Awake and Partake" philosophy allows residents to get up when they want and eat breakfast when they are ready.

Snacks and hydration are always available.

# Southwoods Lodge

peaceful  
reassuring

safe

happy

loving

friendly

supportive

A premier  
Memory Care Community  
at Hillcrest.

## LIFE ENRICHMENT

### *Signatures*

We create daily opportunities for residents to engage in meaningful life enrichment activities.

Family members are encouraged to join in. They may volunteer to plan, conduct, or participate in activities.

Activity resources are available to family members for spontaneous use during visits.

Music is an important part of life enrichment programming.

Television is minimally used in structured activities.

## HOME AND DÉCOR

### *Signatures*

Southwoods Lodge is clean and comfortable.

The community is bright with natural sunlight.

Outside Patios are clean and inviting. Gardens are beautified with flowers, plants, and trees. Small family garden areas are also available.

Our Lending Library offers current memory care resources and information.

Delayed egress doors allow residents to walk freely about their home with peace of mind.

## ASSOCIATE TRAINING

### *Signatures*

Southwoods Lodge associates receive advanced dementia care training through the Alzheimer's Association.

Southwoods Lodge associates are certified in First Aid.

Associates who handle medications receive medication training.

Southwoods Lodge associates receive ongoing training in dementia care, dining services, life enrichment, and hospitality.

Southwoods Lodge associates receive sensitivity and diversity training to help them communicate supportively with others.