## Not All Home Care is Alike We Do Home Care Differently





1-866-454-8346 www.HomeCareAssistance.com

## Changing the Way the World Ages



**Home Care Assistance** is the leading provider of in-home care for seniors. We work closely with family members to provide older adults with quality care that enables them to live healthier, more independent lives at home. Founded in 2002, our services are distinguished by the caliber of our caregivers, the responsiveness of our staff and our expertise in home care. We embrace a positive, balanced approach to aging centered on the evolving needs of older adults.

When researching in-home care options for a loved one, remember that not every home care agency or private caregiver can match the level of quality and expertise that Home Care Assistance is proud to offer each and every client.

# Don't settle for anything less than what your loved one deserves...

#### **Unmatched Expertise**

Home Care Assistance was founded by clinical psychologists and a geriatric care manager. We have also published an award-winning Senior Wellness Book Series, including Happy to 102 and Mind Over Gray Matter, and regularly host public webinars through our widely-acclaimed Healthy Longevity Webinar Series.

#### **Balanced Care**

Home Care Assistance caregivers are trained in our proprietary Balanced Care Method<sup>™</sup>, a holistic approach to longevity that promotes healthy mind, body and spirit.

#### **Cognitive Therapeutics**

Home Care Assistance proudly trains caregivers in our proprietary Cognitive Therapeutics Method<sup>™</sup>, a one-on-one activities-based program designed to keep aging minds sharp. Based on scientific research suggesting that mental stimulation is associated with slower cognitive decline, our program targets the five primary cognitive domains. The activities that caregivers do with clients are fun and engaging. Not only do they keep our clients mentally sharp, but we have also found that they improve their overall quality of life.

#### **Quality Assurance**

Home Care Assistance clients receive concierge level service through our full care and staffing team, which includes a Client Care Manager. Client Care Managers ensure the highest standard of care for the length of service and are available 24/7 for your peace of mind.

#### **Healthy Nutrition**

Home Care Assistance trains our caregivers in healthy meal preparation based on our Balanced Care Method<sup>™</sup>.

#### A+ Client Satisfaction

Home Care Assistance boasts a 97% client satisfaction rate as evaluated through independent industry satisfaction surveys.

#### Home Care Assistance University

Home Care Assistance is the only senior care company with an online training portal designed specifically for caregivers and other staff members to enhance their client care skills and knowledge. Curriculum topics include dementia care, healthy nutrition, mobility support, hospice, and more, reflecting best practices and cutting-edge research in aging care.

#### Leaders in Post-Hospitalization Care

Home Care Assistance is committed to the wellbeing and safety of the clients we are privileged to serve and the community at large. Our From Hospital to Home Care Guide and website (HospitaltoHomeCare. com), part of our extensive educational suite of materials, provides an overview of the challenges associated with each step in the transition from hospital to home. We developed our resources with the goal of reducing hospital readmissions and ensuring optimal recovery for individuals.

### Call today for a free consultation. 1-866-454-8346 • HomeCareAssistance.com

## **About Home Care Assistance**



Our mission at Home Care Assistance is to change the way the world ages. We provide older adults with quality care that enables them to live happier, healthier lives at home. Our services are distinguished by the caliber of our caregivers, the responsiveness of our staff and our expertise in home care. We embrace a positive, balanced approach to aging centered on the evolving needs of older adults.

- Daily Care Experts. We specialize in around the clock care to help seniors live well at home.
- Available 24/7. Care managers are on call for clients and their families, even during nights and weekends.
- High Caliber Caregivers. We hire only 1 in 25 applicants and provide ongoing training and supervision.
- **Balanced Care.** Our unique approach to care promotes healthy mind, body and spirit.

- **Cognitive Therapeutics.** Our proprietary cognitive stimulation program addresses cognitive decline, building on our expertise in brain health.
- No Long Term Contracts. Use our services only as long as you're 100% satisfied.
- A Trusted Partner. We're honored to be Preferred Providers for professionals in both the medical and senior communities.
- **Peace of Mind.** Independent industry surveys place our client satisfaction rate at 97%.

