

# TRANSITIONS FORUM

SPONSORS:



## Friday, April 6, 2018

10:00 am  
to 1:00 pm



- Are you caring for a loved one and finding it difficult to provide care?
- Considering moving to a smaller residence? Wondering if you can afford Assisted Living or when to consider a Skilled Nursing Facility?
- Or faced with deciding if you need care in the home, or take advantage of a palliative care program to assist with quality of life?
- Are you overwhelmed with all the information you are finding and don't know where to turn?

**Then this forum is for you!**

Panelist will share information that can ease the stress of facing major changes for your loved one or yourself as well as provide resources.

- ⇒ **Care Patrol** - Assist families find quality & safe independent living, Assisted Living & Memory Care communities;
- ⇒ **Center for Health Care Rights** - Programs and how to Apply: IHSS, Medicare & Medi-Cal, PACE, Out of pocket costs;
- ⇒ **Vitas Innovative Care** - Palliative Care;
- ⇒ **USC Family Caregiver Support Center** - Resources;
- ⇒ **HealthCare Partners** - Comprehensive Care Program, What is Covered & How does it work?
- ⇒ **Gentle Transitions** - Assist with relocation focusing on the often overwhelming and traumatic issues for seniors;
- ⇒ **Home Instead Senior Care** - One-on-one care at home or in a community;
- ⇒ **United Pacific Financial Services** - Long Term Care Insurance

Breakfast treats and lunch  
provided thanks to  
Home Instead Senior Care

Location:

**South Pasadena Senior Center**

1102 Oxley Street

South Pasadena, California 91030

**RAFFLE PRIZES and INFORMATION BOOTHS**

For additional information call the Senior Center (626)403-7360